

**ANNOUNCEMENTS**

**APR 25, 2010**

**SICK LIST:**

**HEALTHCARE CENTERS:**

Bertharine Burton, Maudie Jones, Ruby Harrison, Lizzie Banks

**HOME:** Flora Millwood, Freddie Alexander, Gloria Windham, Paul Mays, H.C. Brown, Frances Vinson, Lois Boshell, Jim Windham, Lois Boshell

**PRAYER LIST:** April Lazenby, Amanda Rutledge, Kimberly Wilcox, Pat Cush, Emmitt Pendley, Fritz Pendley, Jerusha Key, Sonya Parnell, Michelle Howell, Anna Turner, Francis Rushing, Irene Palmer, Vera Fike, Sue Hinds, Virginia Nicholas, Harold Walton, Paul Lockhart, Larry Drummond, Jim Murrell, J.B. Pruitt, Louise Alexander, Clyde Hall, Alan Waid, Ricky McDonald, Lary Alexander

**AM SERMON - BEN WRIGHT - DUMPING DISCOURAGEMENT**

**PM SERMON - BEN WRIGHT - INTRODUCTION TO 1 TIMOTHY**

**GOSPEL MEETING AT FAYETTE, APR 25-28**

**GOSPEL MEETING AT TIDWELL CHAPEL, MAY 2-6**

**“DANGERS FACING THE CHURCH” AT CROSSROADS, MAY 2, 2 PM. ALAN HIGHERS IS PREACHING ON THIS SUBJECT**

**BABY POUNDING FOR SHANNA ROBBINS MAY 9 AFTER AM SERVICES. IT'S A BOY!**

**REMEMBER TO GIVE BEN DONATIONS FOR ICYC TO HELP OUR CHILDREN HAVE FREE WEEKS FOR CAMP**

**SEE GENE OR LINDA FOR BIBLE CORRESPONDENCE COURSES**

**SEE DAVID FOR TAPES**

**BIRTHDAYS:**

Apr 25: Carl Myers

28: Libby Tucker

May 1: Maudie Jones

**REMEMBER GBN ON DISH NETWORK CH 9407 AT 7:30 AM EVERY SUNDAY**

# THE WEST WALKER WELCOMER

WEST WALKER CHURCH OF CHRIST  
26036 HIGHWAY 78  
CARBON HILL, AL 35549  
(205) 924-9038  
westwalkerchurchofchrist.org

**TIMES OF SERVICES**  
**SUNDAY MORNING**  
**BIBLE CLASS 9:30**  
**WORSHIP 10:20**  
**SUNDAY EVENING 5:00**  
**WEDNESDAY BIBLE STUDY 7:00**

**ELDERS:**

Gene McDonald 924-4827  
924-2376  
Carlton Myers 221-0637  
Neil Myers 924-9289  
Bruce Windham 221-2348

**DEACONS:**

Danny Busby 387-0213  
Randy Wood 221-2508

**MINISTER:**

Ben Wright

**DUMPING DISCOURAGEMENT**  
**(1 Kings 19:4-18)**

- I. \_\_\_\_\_ yourself from the situation if possible.
- A. Elijah was able to \_\_\_\_\_ from the presence of Jezebel (19:4, 8).
- B. Notice I said, "if \_\_\_\_\_."
- II. Get some \_\_\_\_\_.

- A. Elijah laid down under the \_\_\_\_\_ tree and went to sleep (19:4-6).
- B. \_\_\_\_\_ has shown that those who don't rest well or get enough sleep die sooner than those that don't and are more prone to obesity and various ailments.
- C. Jesus knew that He needed to get away from the \_\_\_\_\_ of the crowd at times.
  - 1. He would go into a deserted place to \_\_\_\_\_.
  - 2. He would go on a boat and take a \_\_\_\_\_.

**III. Get \_\_\_\_\_.**

- A. Notice that God sent an \_\_\_\_\_ to feed Elijah.
- B. \_\_\_\_\_ nutrition will also allow you to rest better.
- C. Jesus prepared a \_\_\_\_\_ for His disciples because He knew they needed to eat (John 21:9).

**IV. Get \_\_\_\_\_ of Who is with you.**

- A. Elijah felt \_\_\_\_\_ - "I, even I only, am left."
  - 1. \_\_\_\_\_ is one of the greatest causes of discouragement.
  - 2. We \_\_\_\_\_ we are the only ones trying to do right.
- B. Elijah needed to be reminded that God was on His side and with Him wherever He \_\_\_\_\_.
- C. In those times of darkness in our lives, He wants us to \_\_\_\_\_ on Him (1 Peter 5:7).
- D. Not only that, God's \_\_\_\_\_ are with us in these times.
- E. As Christians, we need to make ourselves \_\_\_\_\_ to our brethren who are discouraged because they need us.

**V. Get realigned in our thinking.**

- A. Elijah was then given a \_\_\_\_\_ to do (19:15-17).
  - 1. Elijah needed to get back to \_\_\_\_\_.
  - 2. The work that he did realigned his thinking in that it forced him to focus on the \_\_\_\_\_ and not the \_\_\_\_\_.
- B. He now knew that his enemies would be \_\_\_\_\_.
- C. He now knew that Baal would not \_\_\_\_\_ God.
- D. Many of our discouragements linger because we continue to focus \_\_\_\_\_ and not \_\_\_\_\_.
- E. When we focus on ourselves and our problems we get \_\_\_\_\_.
- F. Others of God's people have gone through whatever it is in which we find ourselves (1 Corinthians 10:13).

**.Milk and honey, or onions and garlic?**

**Joe Slater**

No less than five times God had promised Moses and the Israelites that He would bring them from their wretched slavery in Egypt into Canaan, "a land flowing with

milk and honey” (Exodus 3:8, 17; 13:5; 33:3; Leviticus 20:4). What a change that would be!

Israel knew the dismal drudgery of brick-making. They knew the burning bite of the lash. They knew the insufferable heat of Egypt. They knew the utter hopelessness of abject servitude. Oh, yes, they knew – and they had cried out to God for deliverance.

And the Lord had heard and answered their supplications. They had seen His mighty wonders in the plagues upon the Egyptians and had experienced firsthand His powerful deliverance at the Red Sea.

Despite all of this and more, Israel wept as they complained about the food which the Lord was miraculously providing for them. Following the lead of the mixed multitude that had left Egypt along with them, God’s people pined for the food they had eaten while still sweltering in the “iron furnace” (Deuteronomy 4:2). “We remember the fish which we ate freely in Egypt, the cucumbers, the melons, the leeks, the onions, and the garlic” (Numbers 11:5).

Think of it! These ungrateful children actually wanted to trade the milk and honey God promised them for the onions and garlic they would have if they returned to Egypt and submitted themselves once again to back-breaking toil. Indeed, they despised the Lord who was among them (Numbers 11:20).

Shameful, did you say? Verily! Yet how are we different when we exchange the abundant life Jesus came to give us (John 10:10) for “the passing pleasures of sin” (Hebrews 11:25)? Even matters that are not inherently evil can distract us, just as Israel was distracted by their cravings for certain foods. Let us not despise the Lord, but fear Him and keep His commands. Let us order our priorities so that we are not distracted even by otherwise good things. May it never be that we would trade milk and honey for onions and garlic!