#### **ANNOUNCEMENTS**

MAY 4, 2014

### **SICK LIST:**

### **HEALTHCARE CENTERS:**

Bertharine Burton, Ruby Harrison, Ed Barrett, Willie Nelson (Shadescrest, Rm 103)

HOME: Freddie Alexander, Gloria Windham, Jimmie Nell Brown, Fred & Romaine Elliott,
Bessie & Michael Files, Cynthia McMeans, Henry McDonald, Lizzie Banks

PRAYER LIST: April Lazenby, Sue Hinds, Harold Walton, Louise Alexander, Donnie
Bryant, Joshua Jackson, Elmer Williams, Debra Webb, Patsy Tucker, Rhonda Poe,
Debbie Odom, Michael Pope, Robert Turner, Wonda Ivie, Bobby Holloway, Ricky
McDonald, David Brown, Kim Elliott, James Felton, Tommy Pope, J.D. Dailey, James
Horsley, Brenda Holloway, Kathy Pate, Jake & Diane Chambers, Donna Laratta, Robin &
Brandon Mullis, Angie Johnson, Kathy Windham, Lane Clark, James Mason, Arthur
Mason, Kelly Tittle, John Pruitt, Joyce Blankenship, Linda Warner, Madison Banks,
Charles Crump, Martha Ann

AM - BEN WRIGHT - "HELPFUL HINTS FOR HELPING THE HURTING"
PM - BEN WRIGHT - "THE TRANSFORMED MIND DOES SOMETHING WE HATE TO DO"

### SYMPATHY IS EXTENDED TO THE BARRETT FAMILY DUE TO LUM BARRETT'S DEATH. SERVICES WERE FRIDAY

**GOSPEL MEETING AT TIDWELL CHAPEL MAY 4-8** 

**GOSPEL MEETING AT ELDRIDGE MAY 11-14** 

### **BIRTHDAYS:**

May 4: Connor Roden 5: Robin Busby

10: Betty Honeycutt

### **ANNIVERSARY:**

May 9: Tammy & John Whitfield

# THE WEST WALKER WELCOMER

WEST WALKER CHURCH OF CHRIST 26036 HWY 78 CARBON HILL, AL 35549 (205) 924-9038 westwalkerchurchofchrist.org

# TIMES OF SERVICES SUNDAY MORNING

Bible Class 9:30 Worship 10:20

SUNDAY EVENING 5:00 WEDNESDAY BIBLE STUDY 7:00

### **ELDERS: DEACONS: MINISTER:**

Gene McDonald 924-4827 Danny Busby 387-0213 Ben Wright 522-8004
Carlton Myers 221-0637 David Preston 300-1927
Neil Myers 924-9289 Kevin Richardson 295-8864
Bruce Windham 221-2348 Chris Robbins 388-1354
Vince Roden 924-4062

## HELPFUL HINTS FOR HELPING THE HURTING (John 11:18-36)

I.		out to those who are hurting (vs. 19).
	Α.	We are told that many came to the sisters to them.
		1. The English Standard Version has ""
		2. We are the person get through the grief.
	B.	Often I've heard people say that they just don't know what to
	C.	More often than not, it is best not to say very much at all, just our
		there is comforting to the grieving.
	D.	Here are some things we can say or do:
		1. Don't put expectations on the grieving.
		2. Remember that everyone grieves .
		3. Ask them if they want to about the one who died and
		respect their wishes is they say no.
		4 a note and if you knew the one who died include a funny
		story about her or a time when he showed care or concern.
		5. Help out in any way
		6. Handle their gently.
		7. Be there and keep your (Romans 12:15).
II.		in the resurrection (vs. 23-27).
	Α.	What she had already taken comfort in however, was the fact that there was
		going to be a resurrection and she would her brother again.
	B.	When someone is grieving, we need to remind them in some way, that there
		will be a one day.
	C.	Our Lord then promised Martha and us that those who believe in Him, which
		is the idea of faithful obedience, would again.
	D.	We ought to use the fact of the resurrection to give us in times of
		hurting.
III.		that Jesus cares (vs. 33-36).
	Α.	Our Lord was by the pain of those affected by Lazarus' death.  It moved Jesus so much that it caused Him to  We should never the compassion our Lord has for us when we
	B.	It moved Jesus so much that it caused Him to
	C.	We should never the compassion our Lord has for us when we
		are hurting.
	D.	God is the God of all (2 Corinthians 1:3-4).
		1. He is the of all comfort. 2. His brings comfort (Psalm 119:50).
		2. His brings comfort (Psalm 119:50).
	E.	Even in the darkest times, God is (Psalm 46:1).
		"If It Is Not A Human Death, Then One Ought Not to Grieve!"
		II IL IS NOLA HUITATI DEALTI, THEH OHE OUGHL NOLLO GREVE!

## "If It Is Not A Human Death, Then One Ought Not to Grieve!" Ron Williams

Many people mistakenly think and perceive that grief is only caused when a human death occurs in life. Even then, many people become quite impatient with people that are grieving and perceive

them as "whining babies" if they are not "over" their grief within a few weeks or months. (A person getting "over" grief is another myth to be discussed some other time.) But alas, this common myth becomes a real obstacle to individuals that are seriously grieving over other real losses within their lives. Here is a list of just a few real losses that can produce an overwhelming amount of grief that may not be recognized and allowed by others that have no clue of what grief is and how powerful it can be in one's life.

A person gets a pink slip from the plant they have worked at for eighteen years. You say, "Well, it's just a job!" No, it is a loss of a person's lifestyle, self-confidence, income, social status, and history of always having a job to go to and do well.

A pet dies. This pet has perhaps taken the position of children running around the house since the children have grown up. This pet has become more than just a pet; it has become an integral part of your life. You say, "But it was just a pet!" No, it was a companion that gave warmth, love, comfort, and unconditional acceptance that one thinks cannot ever be regained.

A house is destroyed by wind, rain, fire, or some other disaster. You say, "But it was just a house!" No, it was a place where life was lived, where the kids grew up, a place that a person built with their [sic] own hands, a place that became home because of what occurred there for many years, and now it is gone and one is afraid the memories may go along with the house as well.

A member of one's family leaves the church. The Bible calls that apostasy. You say, "But they didn't die!" No, that person hasn't died but I can guarantee you that their [sic] faithful family members are dying a slow death of pain, shame, and guilt that maybe they didn't do enough teaching or failed in not living the Christian life before their fallen loved one. They continually pray (as should all who love them) that their loved one will come back to the teachings they had learned earlier in life before it is eternally too late.

A person loses their [sic] health. It may be a mastectomy wherein a part of the body is surgically removed. It may be a stroke that causes a person to become homebound and immobile. It may be Alzheimers' or Dementia wherein the mental faculties are fading from a person's mind. Regardless of what it is, that person and all who love them [sic] know that something has changed. You say, "But at least they are still alive!" Yes, that is true, but something "lifechanging" has occurred that will debilitate that person and all around them for years to come.

These are but a few of the other kinds of losses that can produce enormous amounts of grief and agony. Regardless of whether we can comprehend what a person is going through in these other losses or not, we need to avoid being judgmental as to whether we feel these losses are proper. Rather, as Christians, let us "Rejoice with those that rejoice, and weep with those that weep," (Rom. 12:15). Those Christians that fall into these categories will be glad that we did simply that!